Enjoy being a star
Soothe and pamper mind and body and achieve total spiritual harmony during your stay with IBEROSTAR Hotels & Resorts. At our SPA Sensations, SPA Sensations THAI ZEN and the wellness facilities inside the elegant The Grand Collection hotels, you can treat yourself to the finest massages, facial and body treatments as well as exclusive beauty rituals at the expert hands of our skilled therapists.

Our concept of wellness is a unique experience, filled with fabulous surprises to be enjoyed alone or with your partner. Allow us to introduce you to the beneficial properties of basic natural elements such as water, stones or plants, carefully and knowingly applied to the most sensitive areas of your body.

Your visit to IBEROSTAR Hotels & Resorts’ SPA Sensations, SPA Sensations THAI ZEN and SPA Sensations The Grand Collection in the Caribbean, Europe and North Africa will purify your body, rid your mind of the stresses and strains of everyday life and fill you with positive energy, adding the perfect finishing touch to your relaxing stay at our hotels.
Indulge in sheer luxury for total inner calm

Elegance, functionality, distinction and modernity in total harmony with their surroundings. Ideas that define the exclusive hotels included in The Grand Collection. Countless details and touches that come together in fabulous settings of indescribable beauty. A philosophy that extends to all levels of the services offered by The Grand Collection hotels, including its spa and wellness options.

The Grand Collection provides you with the chance to balance mind and body through a sense of inner calm. At our specialised centres we take the time to listen to you and your body, designing bespoke programmes tailored to suit your needs and guaranteed to create a sense of total wellness and complete relaxation.

These exclusive SPA Sensations centres offer you the chance to explore a world of fabulous experiences, guided by the skilled hands of our qualified therapists. Soothing massages using hot and cold stones, snails or feathers and silk, with four hands or Shiatsu or Thai style. Delicate moisturising, revitalising and oxygenising facial treatments. Relaxing wraps using organic mud, essential oils, chocolate, honey, grapes, oats, tropical fruits or our amazing warm crystal wraps.

Exclusive ‘Beauty Days’ when our skilled therapists will bring out all your inner beauty. If you would like to share these fabulous experiences with your partner, then do not miss our Romantic Baths, with sensual treatments designed for enjoying with your eyes firmly shut.

Treat yourself to all the luxury of unlimited pleasure.

HOTELS IN EUROPE

SPAIN
- Tenerife
  - IBEROSTAR Anthelia
  - IBEROSTAR Grand Hotel El Mirador
  - IBEROSTAR Grand Hotel Mencey

HUNGARY
- HUNGARY
  - IBEROSTAR Grand Hotel Budapest

HOTELS IN THE CARIBBEAN

JAMAICA
- IBEROSTAR Grand Hotel Rose Hall

DOMINICAN REPUBLIC
- IBEROSTAR Grand Hotel Bávaro
  - IBEROSTAR Grand Hotel Bavaro

MEXICO
- IBEROSTAR Grand Hotel Paraiso
An experience for the senses

IBEROSTAR Hotels & Resorts has created the ideal space for you to indulge in some well-deserved pampering with its modern, spacious and exclusive facilities dedicated to total relaxation and the finest beauty treatments. Our SPA Sensations centres are havens of tranquillity and wellness where you can take care of your body and soothe your mind. Exclusive spaces in which to experience nature as never before, guided by the skilled hands of our expert therapists.

Experience at first hand the healing powers of the plants and minerals used in our facial and body treatments. Enjoy the purifying properties of water as you relax during our hydromassage treatments, in the dynamic pools or tropical rain showers.

At our SPA Sensations you can enjoy a select range of treatments guaranteed to satisfy all your expectations. From relaxing, exotic, anti-stress, lymphatic and mud-based massages, to oxygenising, revitalising and holistic treatments. You will discover the detoxifying and exfoliating properties of beauty rituals based on cocoa and coffee, as well as algae and mud-based body wraps. Our deep cleansing facial and body treatments using essential oils will renew and mineralise your body. You can also enjoy our wide selection of manicures, pedicures, hair and other treatments created to bring out all the beauty in you.

SPA Sensations IBEROSTAR

HOTELS IN THE CARIBBEAN
JAMAICA
IBEROSTAR Rose Hall Suites
IBEROSTAR Rose Hall Beach
DOMINICAN REPUBLIC
IBEROSTAR Bávaro
IBEROSTAR Dominicana
IBEROSTAR Punta Cana
IBEROSTAR Hacienda Dominicus
IBEROSTAR Costa Dorada
CUBA
IBEROSTAR Varadero
IBEROSTAR Laguna Azul
IBEROSTAR Ensenachos

HOTELS IN EUROPE
SPAIN
Majorca
IBEROSTAR Alcudia Park Apartotel
IBEROSTAR Club Alcudia Beach Apartotel
IBEROSTAR Club Cala Bella
IBEROSTAR Club Cala Bona

HOTELS IN AFRICA
MOROCCO
Morocco
IBEROSTAR Saida
CAPE VERDE
IBEROSTAR Club Boa Vista

HOTELS IN THE CARIBBEAN
MEXICO
IBEROSTAR Paraíso Mita
IBEROSTAR Paraíso Lindo
IBEROSTAR Paraíso Beach
IBEROSTAR Paraíso del Mar
IBEROSTAR Paraiso
IBEROSTAR Quetzal
IBEROSTAR Cancún
IBEROSTAR Cozumel
IBEROSTAR Playa Mita

BRAZIL
IBEROSTAR Praia do Forte
IBEROSTAR Balneário
The exclusive SPA Sensations THAI ZEN are uniquely exotic places offering a world of sensations and wellness just waiting to be discovered. Sheer oriental refinement, total authenticity and a vocation for service at the hands of our experts Thai therapists. Their know-how, acquired at the finest therapy schools such as Bangkok’s legendary Po Temple, cleverly combines the knowledge and skills acquired over hundreds of years with a sole objective: to provide you with a sense of physical, emotional and spiritual balance.

At our SPA Sensations THAI ZEN you will discover all the magic of the Far East channelled exclusively towards delighting your senses. Feel the sense of renewed energy flowing through your body as the clever hands of our Thai therapists skilfully redress your organic and spiritual balance through intensely deep massages targeting the most sensitive spots. Immerse yourself in the ancient knowledge of the Far East with regenerating and rejuvenating facial and body treatments that will bring back all the glow, softness and radiance to your skin.

Discover secrets that date back thousands of years with rituals based on natural anti-oxidising, revitalising products and spices. Bring out all the splendour in you with beauty treatments that include delicate manicure, pedicure and unwanted hair removal techniques.

Oriental wisdom for body and soul

SPA Sensations THAI ZEN

HOTELS IN EUROPE

SPAIN

Majorca
IBEROSTAR Jardín del Sol Suites
IBEROSTAR Playa de Muro
IBEROSTAR Playa de Muro Village
IBEROSTAR Gran Playa
IBEROSTAR Albufera Park
IBEROSTAR Royal Elbaïa Aparthotel

Andalusia
IBEROSTAR Andalucía Playa
Tenerife
IBEROSTAR Gran Hotel Salomé

HOTELS IN EUROPE

Gran Canaria
IBEROSTAR Costa Canaria
Fuerteventura
IBEROSTAR Playa Gavilán
IBEROSTAR Playa Gavilán Park
### Europe

#### Majorca
- IBEROSTAR Jardí del Sal Salés
- IBEROSTAR Playa de Muro
- IBEROSTAR Playa de Muro Village
- IBEROSTAR Alcúdia Playa
- IBEROSTAR Alcúdia Park Aparthotel
- IBEROSTAR Cuocol Blanc Aparthotel
- IBEROSTAR Club Cala Meca
- IBEROSTAR Royal Capitó
- IBEROSTAR Royal Cristo Aparthotel

#### Andalusia
- IBEROSTAR Marbella Coral Beach
- IBEROSTAR Málaga Playa
- IBEROSTAR Arrecife Playa
- IBEROSTAR Ila Canela

#### Tenerife
- IBEROSTAR Gran Hotel Mencey
- IBEROSTAR Gran Hotel El Mirador
- IBEROSTAR Gran Hotel Valparaiso
- IBEROSTAR Andalucía

### Gran Canaria
- IBEROSTAR Costa Canaria
- IBEROSTAR Playa Gaviotas
- IBEROSTAR Playa Gaviotas Park

### Fuerteventura
- IBEROSTAR Costa Calma

### Hungary
- IBEROSTAR Grand Hotel Budapest

### Africa

#### Morocco
- IBEROSTAR Sidi Ddu
- IBEROSTAR Club Blue Vegetales

#### Cape Verde
- IBEROSTAR Pescador

---

### Facilities

- **Massage room**
- **Swimming pool**
- **Multi-jet pool**
- **Jacuzzi**
- **Sensations shower**
- **Plunge pool**
- **Ice fountain**
- **Roman bath**
- **Pediluvium**
- **Sauna**
- **Turkish bath**
- **Relaxation zone**
- **Warm hammocks**

---

**Gran Canaria**
- IBEROSTAR Costa Canaria
- IBEROSTAR Playa Gaviotas
- IBEROSTAR Playa Gaviotas Park

**Fuerteventura**
- IBEROSTAR Playa Gaviotas
- IBEROSTAR Playa Gaviotas Park

**Hungary**
- IBEROSTAR Grand Hotel Budapest

**Morocco**
- IBEROSTAR Sidi Ddu
- IBEROSTAR Club Blue Vegetales

**Cape Verde**
- IBEROSTAR Pescador
## FACILITIES

### AMERICA

#### JAMAICA
- IBEROSTAR Grand Hotel Rose Hall
  - SPA Sensations
  - Massage room ✓
  - Swimming pool ✓
  - Multi-jet pool ✓
  - Jacuzzi ✓
  - Sensations shower ✓
  - Plunge pool ✓
  - Ice fountain ✓
  - Roman bath ✓
  - Pediluvium ✓
  - Sauna ✓
  - Turkish bath ✓
  - Relaxation zone ✓
  - Warm hammocks ✓

#### DOMINICAN REPUBLIC
- IBEROSTAR Grand Hotel Bávaro
  - SPA Sensations
  - Massage room ✓
  - Swimming pool ✓
  - Multi-jet pool ✓
  - Jacuzzi ✓
  - Sensations shower ✓
  - Plunge pool ✓
  - Ice fountain ✓
  - Roman bath ✓
  - Pediluvium ✓
  - Sauna ✓
  - Turkish bath ✓
  - Relaxation zone ✓
  - Warm hammocks ✓

#### CURA
- IBEROSTAR Varadero
  - SPA Sensations
  - Massage room ✓
  - Swimming pool ✓
  - Multi-jet pool ✓
  - Jacuzzi ✓
  - Sensations shower ✓
  - Plunge pool ✓
  - Ice fountain ✓
  - Roman bath ✓
  - Pediluvium ✓
  - Sauna ✓
  - Turkish bath ✓
  - Relaxation zone ✓
  - Warm hammocks ✓

#### MEXICO
- IBEROSTAR Grand Hotel Paraíso
  - SPA Sensations
  - Massage room ✓
  - Swimming pool ✓
  - Multi-jet pool ✓
  - Jacuzzi ✓
  - Sensations shower ✓
  - Plunge pool ✓
  - Ice fountain ✓
  - Roman bath ✓
  - Pediluvium ✓
  - Sauna ✓
  - Turkish bath ✓
  - Relaxation zone ✓
  - Warm hammocks ✓
Enjoy being a star

IBEROSTAR
HOTELS & RESORTS

iberostar.com